

## PRE-RETURN TO RUGBY PERSONAL ASSESSMENT DECLARATION

**Should you answer YES to any of the below questions you should NOT attend your club and before you return you should follow appropriate medical advice and guidelines.**

QUESTION	YES	NO
1 Have you been in close contact (<2m for 15minutes or more) with anyone who is confirmed to COVID-19 virus in the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
2 Have you been in close contact (<2m for 15minutes or more) with anyone who is suspected of having COVID-19 virus in the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
3a Do you live in the same household with someone who has symptoms of COVID-19 who has been in isolation within the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
3b Have you been advised by a doctor to self-isolate at this time?	<input type="checkbox"/>	<input type="checkbox"/>
4 Are you suffering now, or have you suffered any the following symptoms in the past 14 days?	<input type="checkbox"/>	<input type="checkbox"/>
a Cough	<input type="checkbox"/>	<input type="checkbox"/>
b Breathing difficulties	<input type="checkbox"/>	<input type="checkbox"/>
c Fever/ High temperature	<input type="checkbox"/>	<input type="checkbox"/>
d Sore Throat	<input type="checkbox"/>	<input type="checkbox"/>
e Runny Nose	<input type="checkbox"/>	<input type="checkbox"/>
f Flu Like Symptoms	<input type="checkbox"/>	<input type="checkbox"/>
G Rash	<input type="checkbox"/>	<input type="checkbox"/>
H Loss Of Smell/Taste	<input type="checkbox"/>	<input type="checkbox"/>
6 Have you been advised by a doctor to cocoon?	<input type="checkbox"/>	<input type="checkbox"/>
7 Have you returned to Ireland from another country within the last 14 days?	<input type="checkbox"/>	<input type="checkbox"/>

If "YES", where?	
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I confirm that I have not travelled from another country in the past 14 days , that I have not been in close contact with anyone who has been outside of the country in the past 14 days, that I have not been in close contact with anyone who is in self-isolation in relation to COVID-19 in the past 14 days, that I am not suffering from any COVID-19 symptoms nor do I believe for any reason that I have contracted the virus. I commit to advising management and excluding myself if this situation changes, (i.e. if at a point in the future, I would answer "yes" to any of the above questions).

Name:	
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Signature:	
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Date:	
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